



# WARRAGUL NORTH PRIMARY SCHOOL NEWSLETTER

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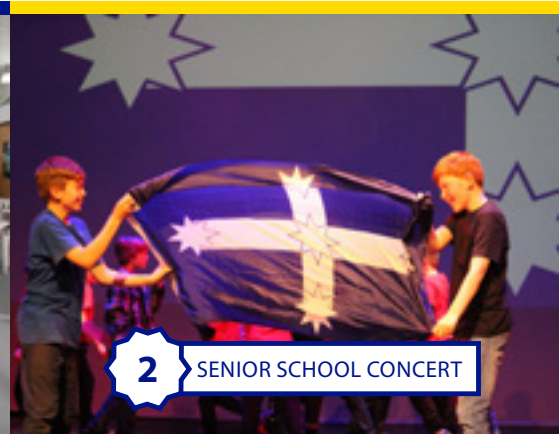
21st August 2019



12 PARENT CLUB DISCOS



10 CHESS COMPETITION



2 SENIOR SCHOOL CONCERT

## CALENDAR 2019

Fri	23 Aug	Book Week dress up day & poster competition Years 5 & 6 Footsteps Dance
Sat	24 Aug	Tournament of Minds Regional Competition
Mon	26 Aug	Lion's Club Public Speaking Competition
Tues	27 Aug	Parent Club Father's Day Stall
Wed	28 Aug	Lion's Club Public Speaking Competition Final
Fri	30 Aug	Year 5 & 6 Footsteps Dance Senior Assembly
Tues	3 Sept	Hooptime
Wed	4 Sept	Year 5 students depart for Ballarat Camp Division Athletics
Fri	6 Sept	Year 5 students return from Ballarat Camp
Mon	9 Sept	NO SCHOOL BUSES RUNNING
Tues	10 Sept	Foundation excursion to Chesterfield Farm
Fri	13 Sept	Year 5 & 6 Footsteps Dance Junior Assembly

## Principal's Report

### Senior School Concert - 'Learning Showcase'

Returning to the refurbished West Gippsland Arts Centre for the Senior Concert last Thursday evening, the 15th August, was an exciting experience. The concert items presented by each grade focused on an aspect of student learning. Each grade supported and assisted by their class teacher had developed a concert item based on their learning in either History, Environmental Science, English or the Performing Arts.

Well done to our Warragul North Primary School staff who are an amazing group of people who work together to prepare and present our concerts. However the concert co-ordinator, Sue Legg, ably supported by assistant concert co-ordinator, Sarah Hunkin, must be acknowledged for all her hard work and the hours of time she put into organising the concert. A huge job – well done Sue!

Thank you and well done to our senior students for providing their audience with a highly entertaining concert. Thank you to the audience for being so supportive of our young performers. Thank you for coming along and making concerts at the arts centre possible.



## TERM THREE ASSEMBLIES

Friday 30th August - Years 3 to 6

Friday 13th September - Foundation to Year 2



# Principal's Report *cont.*

## Student reflections from 6HI...

"What do you get when you combine Footsteps Dance with an amazing Performing Arts Teacher and lots of practice? 6HI's dance! Last week the Arts Centre held a very important event for the Warragul North Primary School's students, parents, teachers and other staff – the Senior School Concert.

About two weeks before this exciting event every grade started practicing their performance. Some were about what they had learnt and others were electrifying dances. The First Fleet, dancing, water holes and a grammar rap were a few I found interesting. 6HI performed an enthusiastic and exhilarating dance named 'What's My Name?'

"Lights, Action, Camera!" We didn't hear that but as the performance before us finished. We took a deep breath, some of us were scared, but we were ready. Our speech was read then we realised it was happening right then. I hope we send shivers down your spine. We all got into our spots, heads down. Tricks, lifts and extraordinary dance moves were used before we finished. IT then hit us that it was our last concert. WE missed two years but in fact I think that made us better. It's such a thrill to be able to practice an adventurous dance that you have learnt with your friends and perform it on a stage with your family watching." *By Kamryn*

"I'm sitting in the Fountain Room waiting for the show to start when finally the production group gets called. I walk on stage and get into my position, the curtains raise and the show has begun! I finish my performance and go back to my class and wait until it's my classes turn. When it's time I get in line and wait for the act before us to finish, then I walk on stage with a big smile. Luckily I don't forget the dance and then I go back and wait for show 2."

*By Hannah*

"I think we were all nervous to be honest for both performances. But it was amazing. 2019 was my first ever concert at Warragul North and I loved it. Waiting in the Fountain Room for two hours between each performance was a long time but it was nice. I talked to friends and talked to new people. I'm a lot closer with people in 6HI now. Overall the concert was god. I found it very tiring but as soon as 6HI's class got called to line up all the tension had begun." *By Mya*

I hope you have enjoyed reading the student reflections.

**Corinne Collins**  
*Principal*









# Warragul North Primary School Values

 **School Values**

**L**iteracy

**E**ngagement

**A**chievement


**R**espect

**N**umeracy

**I**ntegrity

**N**urturing

**G**etting Along

 **School Values**

**N**umeracy

**What is it?**

The definition of numeracy states that a numerate person should understand the ways mathematics can be used for communication, and this requires the possession of two attributes

1. being 'at-ease' with all those aspects of mathematics that enable a person to cope with the practical demands of everyday life.
2. the ability to understand information presented in mathematical terms.

Students become numerate as they develop the knowledge and skills to use mathematics confidently at school and in their daily lives. Numeracy involves students recognising and understanding the role of mathematics in the world and having the dispositions and capacities to use mathematical knowledge and skills purposefully.

**In a 'nutshell' Numeracy means the ability to use mathematical knowledge in a range of situations.**

**RESPECT – Foundation – Will (0HU)**

**NUMERACY – Year One – Brooklynn (1KG)**

**INTEGRITY – Year Two – Chance (2BR)**



*School Values medals were awarded at assembly on Friday 16th August to Chance, Brooklynn and Will. Congratulations!*



# Hello from the *Acorn Room*



## **Resilience**

So often in my work as a chaplain at this school, I hear talk about resilience. Resilience is a bit of a buzz word these days. What's interesting is thinking about what we actually mean by resilience. If we're not careful, when we talk about resilience we are sometimes describing how we really just want kids to tough it out after a setback without making a fuss. However, real resilience is more than this.

Parenting expert, Adrienne Woods, describes real resilience as being about returning to optimal functioning after a setback, or making it back to a good place after hard things happen.

True resilience starts with your feelings. Emotional health often involves being upset, complaining, expressing opinions, being annoyed and getting frustrated. Having the freedom to express their feelings and have them heard and responded to, goes a long way toward developing resilience in children. The opposite is a quiet, unresponsive or withdrawn child who is internalising their frustration. Although quiet is rather pleasant for the adults, quiet can be a troubling indication of being emotionally shut down.

As the adults, we need to help our kids unlock their feelings in an emotionally healthy way.

Rest and play are the other two important factors in helping kids develop resilience. We need to create space in children's lives, where they don't need to be achieving or performing or getting things right all of the time. When everyone in a family is busy, a child can need to over-work to get their parent's attention. When our kids have been seen, heard and understood by us, they have the capacity to venture out to explore and engage fully with their world.

Maybe the most important concept in all of this is that being resilient is not about having a lack of adversity. It's natural to want to smooth the way for our kids. However, kids develop resilience by experiencing adversity, being able to express their emotions and knowing they are heard and loved.

*Mrs Sheryn Cutler*  
WNPS Chaplain

*Warragul North Primary School offers chaplaincy and pastoral care to students and families in the Acorn Room on Tuesdays and Thursdays.*

## **IMPORTANT MESSAGE TO ALL BUS USERS**



Warragul Regional College have advised us that they have changed their pupil free day from Friday 16th August to Monday 9th September. Please note that there will be **NO** government school buses operating on **MONDAY**

**9TH SEPTEMBER.** The connecting town bus will also not operate on Monday 9th September. Parents need to make alternative transport arrangements for their children to attend school on Monday 9th September.

## **2020 FOUNDATION (PREP) ENROLMENTS**



Enrolment forms are available from the school office for families wishing to enrol a child for 2020 in Foundation (Prep). Please enrol siblings as soon as possible to ensure all children are included in

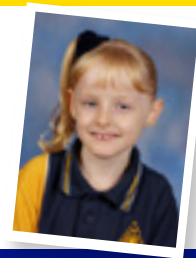
the orientation program which will commence early in Term Four, and to assist with class planning for 2020.

## **ABSENCE REPORTING LINE**



## **'Catch 'em being good' raffle**

Our 'Catch 'em being good' raffle winner is **Milla (2KH)**  
Well done!



# School Council Report



Hello, my name is Denise Pratt and I am serving my first year as a parent member on the School Council. I have two daughters, Zara who is in Foundation at Warragul North and Kaley who is three years old. I am a health researcher and am passionate about improving the health and wellbeing of children, young people and the wider community.

I am particularly interested in supporting Warragul North's participation in the Healthy Schools Achievement Program which has a guiding framework for a whole school approach to health and wellbeing.

We welcome anyone interested from the school community to join our small health and wellbeing committee to help our school work towards and achieve an outstanding healthy environment.

In my short time as a WNPS parent, I have noticed the school's commitment to providing fantastic opportunities for children to continually learn and improve. I'm grateful to have the opportunity to represent the school community as a member of the 2019 School Council and encourage you to approach me anytime to discuss any small or big ideas and suggestions.

**Dr Denise Pratt**  
**School Councillor**

## STEM - Mathematics Focus

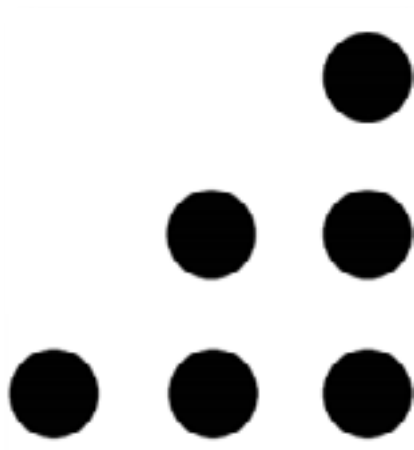
The Warragul North Primary School 2019 Annual Implementation Plan has Mathematics as the main focus. During 2018 and 2019 I have had the great privilege of undertaking STEM - Mathematics training funded by the Department of Education and Training. The funding pays for me to work 50% of my time as a Mathematics coach at Warragul North Primary School. At the conclusion I will have received 20 days of specialist training in Melbourne and I will have coached teachers.

Many teachers are currently trialling the use of Number Talks. You may have heard your child talking about doing a 'Number Talk', and wondered, "What is that?"

A Number Talk is a five- to fifteen-minute classroom conversation around purposefully crafted problems that are solved *mentally*. The primary focus of these conversations is around number fluency, encouraging students to be creative mathematicians who can communicate clearly, follow the mathematical thinking of their peers, question, critique, and ultimately learn from one another.

Here are some examples of Number Talks you may see. I encourage you to have a look as a family!

**Mrs Linda Kingsley**  
**STEM - Mathematics Coach**



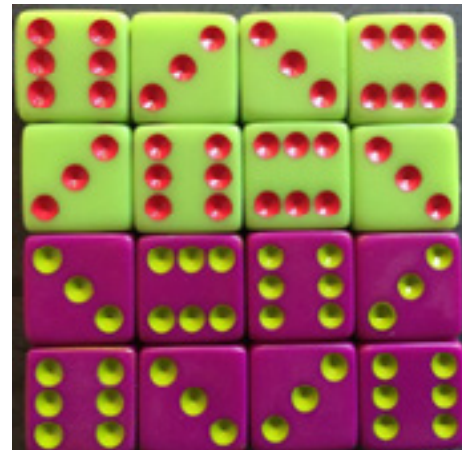
### Junior

What do you see?  
How does your brain make sense of it?



### Middle

Using any or all operations, how many ways can you make the target number (13)? You can only use each number once.



### Senior

How many?  
What do you notice?  
What do you wonder?



# Artists of the Week

Artist of the Week awards were presented at assembly on Friday 16th August to many talented children who had created super scarecrow drawings in lovely autumn colours and colourful clay sculptures during their Visual Arts lessons. Great job!

*Mrs Shelley Roberts and Ms Jo Draisma*  
Visual Arts Teachers



*Leona (0BU), Skyla (1SP), Harper (1BO) and Declan (0JO).*



*Tyler (0JO), Siena (1BO), Milla (2BR), Ava (2RA) and Tyler (2RA).*

# FATHER'S DAY STALL

## TUESDAY 27TH AUGUST



*Our Parent Club is once again holding their fantastic Father's Day stall.*

*The stall will take place in the gym on Tuesday 27th August from 9.15am until 11.30am.*



*Gifts will be priced at \$3.00 and \$5.00.*

*Children will be limited to purchasing one gift only.*

*Please provide a named plastic bag for your child's gift.*





# Canteen Roster

PLEASE NOTE THAT THE CANTEEN IS ONLY OPEN ON THURSDAYS AND FRIDAYS.

DATE	TIME	VOLUNTEER
Thursday 22nd August	9.00am to 10.15am	Melissa Dawson
Friday 9th August	9.00am to 10.15am	Miriam Adkins Denise Pratt
	1.00pm to 2.15pm	Jenelle Henry
Thursday 29th August	9.00am to 10.15am	Rachel Steenholdt
Friday 30th August	9.00am to 10.15am	Zoe McGuiness Jodie Mesaric
	1.00pm to 2.15pm	Val Little
Thursday 5th September	9.00am to 10.15am	Helen Sibley
Friday 6th September	9.00am to 10.15am	Angela Brown Victoria Lee
	1.00pm to 2.15pm	Kellie Williams

## P.E. 'Wall of Fame'

Every week in Physical Education one student from the Junior (Years 1/2), Middle (Years 3/4) and Senior (Years 5/6) school is rewarded with being named the P.E Wall of Fame champion for that week.

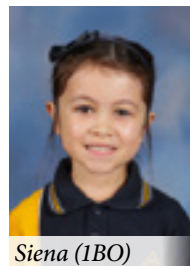
The P.E Wall of Fame champion is a student who has shown great determination, effort, encouragement, sportsmanship and resilience during their Physical Education class.

*Mrs Lisa Pyle, Mrs Deb Magyar and Ms Karyn Porch*

*Physical Education Teachers*

### Term Three - Week 4 Champions

*Junior*



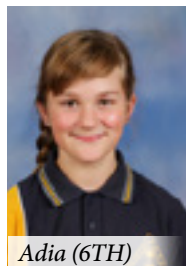
*Siena (1BO)*

*Middle*



*Summer (3GA)*

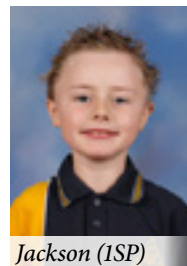
*Senior*



*Adia (6TH)*

### Term Three - Week 5 Champions

*Junior*



*Jackson (1SP)*

*Middle*



*Henry (4HA)*

*Senior*



*Mya (6TH)*

# Gippsland Primary Interschool *Chess Competition*

On Tuesday 6th August Bunyip Primary School and Foster Primary School travelled to Warragul North Primary School to take part in an interschool chess competition. It was a friendly competition with many people sharing their knowledge and skill with other players and schools. The students representing Warragul North Primary School displayed integrity and great sportsmanship. Well done!

*Ms Allison Hallyburton*  
*Chess Co-ordinator*





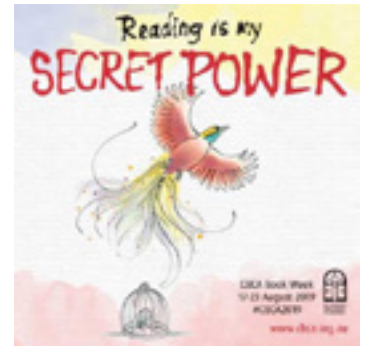


# Book Week 2019

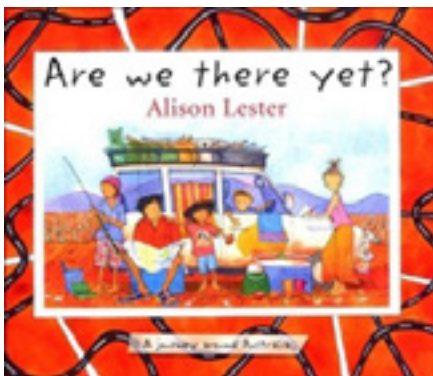
'Reading is My Secret Power'

## Dress Up Day

## Friday 23rd August



**Book Week is the longest running children's festival in Australia and this year the theme is 'Reading is My Secret Power'.**

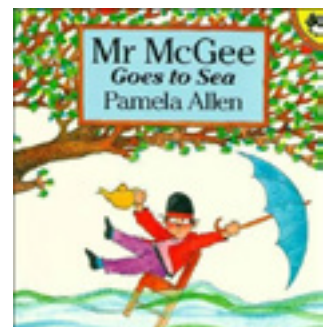


To celebrate book week, Parent Club has arranged a 'book character' dress up day on **Friday 23rd August**. The cost for dressing up will be a gold coin donation.

There is also a poster competition with a prize for each year level. Please leave named posters at the office by **Friday 23rd August**.



All money raised by Parent Club on the day will go towards purchasing new books for our library.





# Parent Club Discos

Excitement was in the air on Friday 9th August for the Parent Club Discos. The children were dressed in their disco gear and had a fantastic time dancing to a variety of songs. Around 475 children attended the discos which is about 75% of the students who attend Warragul North Primary School. This was a fantastic response and Parent Club appreciate the support. Approximately \$5000 was raised thanks to the long hours put in by a small group of dedicated Parent Club members. The funds will be used to continue improving the school grounds for students to enjoy.





## PARKING | TRAFFIC FLOW DISABLED PARKING



Please be aware that the 'reserved' parking permit area near the administration building is for staff use only and permits must be displayed on the windscreen.

If everyone adheres to the agreed parking areas and

direction of traffic flow it creates a safer environment for children during drop off and pick up times.

Just a friendly reminder that the disabled parking space provided outside the administration building is for people with a disabled parking permit only. It is also requested that you be mindful of other people who use this space and not double park across it. Please do not park across this specially designated car space. Thank you.

To assist families to clearly understand the various parking signs displayed around our school, in our newsletters we will include detailed information from the VicRoads website.

## No Parking Signs

If there is a 'no parking' sign, you can stop for 2 minutes in that area:

- If you are picking up or dropping off passengers or goods
- You stay within 3 metres of your vehicle

If you stop in, or partly in, an area showing a no parking sign and you are not picking up or dropping off passengers or goods, you are considered to be parked and can be fined. This is the case even if you stay with your vehicle.



## BPAY



Warragul North Primary School is now offering BPAY as an option for paying any school costs such as student supplies, camps, excursions and Outside School Hours Care. Each family has an individual BPAY reference number which can be found on the bottom of a current family statement. Please contact the school office if you do not have a current statement and would like to find out your BPAY information.

## 'FOR THE RECORD' 2019

You will have noticed that your school account has the inclusion of a \$30.00 contribution for your family's copy of our school magazine 'For the Record'.

'For the Record' is a fantastic record of school events; has photographs of every child at the school on 'photo day'; a list of every child attending Warragul North Primary School just prior to the printing of the magazine and an item from every student attending the school on 'For the Record' submission day.

Should you wish to receive a copy or copies of the school magazine, then the cost must be paid by **FRIDAY 20TH SEPTEMBER**. Only those families who have paid for the magazine by this deadline will receive a copy. No extra copies will be printed beyond those paid for and ordered.

We look forward to presenting this year's magazine to you on the last day of school for 2019.

**Mrs Ann Burton**

**'For the Record' Co-ordinator**

## ANAPHYLAXIS MANAGEMENT



As part of Warragul North Primary School's commitment to the safety of all our students, meeting legislative requirements and advice from the Anaphylaxis Advisory Service of the Royal Children's Hospital, parents/carers of students diagnosed with anaphylaxis are reminded of the importance of:

- Keeping the school informed of any changes to your child's medical condition.
- Ensuring the school has the correct and in date medication for your child.
- Reviewing your child's ASCIA Action Plan annually (or after an allergic reaction) with your medical practitioner, and providing the school with the new plan.

# WNPS Environment and Sustainability News

## ‘Towards Zero Waste’ Update - CONGRATULATIONS 2HE!

### Habits can be hard to break and hard to make! Some habits are worth making!

I would like to congratulate grade 2HE for their ‘habit-forming’ efforts in helping lead WNPS in becoming a ‘Resource Smart, Sustainable School’ (this is a 5-star accreditation process, sponsored by Sustainability Victoria). 2HE will be awarded this month’s ‘Environment and Sustainability – Creating Positive Change’ award.

2HE works hard to recycle their paper and food scraps. They have been increasing their ‘nude food’ lunches each day. Grade 2HE keep their heating and cooling to a minimum and keep their classroom door closed. The children use reusable drink bottles every day. Grade 2HE are so dedicated they even make sure the leaves from their leaf insect enclosure get put into our worm farm!

Congratulations 2HE! A great start to your ‘Zero Waste’ classroom!

The hardest part of breaking or making any habit is taking the first step. The “good feeling” that comes from knowing that you are part of a community taking positive steps into creating a more sustainable future, is hard to beat! Research suggests that performing “selfless acts” that benefit the community is a very satisfying pursuit, and can lead to feelings of positive self-worth and happiness – particularly in adolescents.

Please support our efforts at school, by encouraging similar “habits” at home.

What can you do to make a positive impact?

**Mr Brendan Cox**

*Environment & Sustainability Coordinator*

### Positive Impact Tip of the Week:

*Instead of throwing metallic items (non-recyclable items) into a landfill bin, collect these and take them to a scrap metal recycler.*



Libby and Liam from 2HE with the Creating Positive Change Award presented to grade 2HE at the assembly on Friday 16th August.



# Community News

## DROUIN TENNIS CLUB

# OPEN DAY

**Thursday 29th August  
4pm - 8pm**

**Bennett St, Drouin**

REGISTER FOR: Saturday Seniors & Juniors,  
Night Tennis, Mid-Week, Coaching for all ages

**Bring the family & have a hit  
BBQ - Fun kid's activities**



For more info call  
Glenn Ph: 0407 245 356  
Bec Ph 0408 734 390  
email drouintc@gmail.com



Join our  
Multicultural  
Friendship Group

FREE  
EVENT

Cultures,  
Connections  
and  
Community

Meet every **Wednesday** between 10:30am and 12:30pm  
Warragul Community House  
138 Normanby Street, Warragul

There is so much to learn and gain from sharing different cultural experiences. This welcoming group invites people from all cultures to come together, relax over a cuppa, meet and make new friends, share a laugh, experiences and ideas. Perhaps even learn some new skills!

For more information, call Debra Carnduff on 0407 975 815 or Rosemary Allica on 5623 6032.  
The friendship group does not meet during school holidays.



WARRAGUL  
COMMUNITY HOUSE



## Food Allergy VS Food intolerance – What's the difference?

### Food Allergy

Occurs when the body's immune system overreacts to a harmless food as if it were toxic. Common food allergies include eggs, peanuts, soy, milk, wheat, fish and shellfish.

The reaction is usually immediate and can occur even when only very small amounts of the food are eaten.

Symptoms of a food allergy may include wheezing, stomach upsets and rashes. Anaphylaxis is a more severe allergic reaction and can be life threatening.

*If you think you or your child may have a food allergy or intolerance, it's important to see your Doctor as the symptoms you have can also be caused by other medical conditions.*

<http://daa.asn.au/for-the-public/smart-eating-for-you/frequently-asked-questions/whats-the-difference-between-food-allergy-and-food-intolerance/>

### Food Intolerance

A chemical reaction that occurs in the body when you eat some of the naturally occurring chemicals in food and to some common food additives.

The reaction may take 12 – 24 hours to develop and different people will react to different amounts of any given chemical.

Symptoms of food intolerance can be similar to food allergy and commonly include asthma, chronic fatigue syndrome and irritable bowel syndrome (IBS).



WEST GIPPSLAND  
HEALTHCARE GROUP